

# COMMUNITY HOME SUPPORT LANARK COUNTY

South East Regional Palliative Care Network and Algonquin College - Perth

Training developed by the Champlain Hospice Palliative Care Program

TAKING CARE OF A LOVED ONE WITH A LIFE LIMITING ILLNESS?



## PRACTICAL CAREGIVER TRAINING

A 4-WEEK WORKSHOP SERIES

HANDS-ON TRAINING TO MAKE THE  
CAREGIVING EXPERIENCE SAFER & LESS  
STRESSFUL FOR YOU AND YOUR LOVED ONE

**Audience: Unpaid Caregivers of loved ones with a life-limiting illness.**

February 24/20	Your Role as a Caregiver
March 2/20	Lifts & Transfers
March 9/20	Providing Personal Care
March 16/20	End of Life and Self Care

Limited  
to 12  
Participants

**MONDAYS 9:00-12:30, FEBRUARY 24 – MARCH 16, 2020**

**ALGONQUIN COLLEGE, PERTH CAMPUS**

Complete an application here: [Caregiver Training in Perth](#)

Email: [practicalcaregivinglanark@gmail.com](mailto:practicalcaregivinglanark@gmail.com) Phone: (613) 267-6400 x 28

We thank all that apply. Due to limited space we cannot accept all applicants.