



The Probian

December 2019 edition

Probus Club of Perth

January Presentation:

Ontario has been revising how Health Care Service is to be delivered. Locally, Rideau Community Health Services is a multi-site organization providing Primary Health Care in Merrickville, Smiths Falls, Lanark, Leeds and Greenville.

In her role as the new Chief Executive Officer of the RCHS, Michele Bellows will discuss Ontario Health Care Teams and what is happening locally.

She will explain some of the Primary Health Care options including Nurse Practitioners, Family Physicians and Virtual Care and will expand on Community Health Care Centres and their Model of health and wellbeing.

Lunch after the January 8th meeting will be at the Legion.

Members wishing to attend the lunch should have signed up and paid at the December 04th meeting, as no last-minute additions will be possible.

**Wishing you a Happy
and Healthy 2020.**

**May "all be calm and all
be bright" for everyone !**

Coming events:

January 8th

At the above-mentioned lunch we will be recognising the latest members of our "Over 90's club".

Following lunch, you are invited to join friends across the road at the Weatherhead Brewery at 1:30 p.m. for a social tasting or craft beer of your liking.

January 18

Hockey as the Ottawa Senators host the Calgary Flames.

Get an information sheet from Mary so you can contact RTO directly.

Tickets are \$40 plus an additional \$10 if you wish to join us on the bus.

January 25th

Robbie Burns Dinner Dance at the Legion. Drinks at 6, programme at 6.45, dinner at 7.

Tickets at \$30 each will be on sale at the January 8th meeting.

February 27th

Dinner Theatre

Dinner followed by Studio Theatre's presentation of "Marion Bridge".

Tickets will be on sale at the January 8th meeting, at \$22 each.

Wednesday June 17th

Reserve the date for our annual trip to the 1000 Island Playhouse.

50 tickets available for "Back in '59".

Tickets will be sold in the spring.

Membership:



Club President, Liz Leonard, welcomes new members Karen Polk, Cole Pavey, Brian LeBold, Mary LeBold, Ross Miller, Cheryl Miller and Rob Newby.

In front is Helene Cooper, who was welcomed into the club last month, but was missing from the November Probian photograph. Currently the membership count stands at 201, which leaves four open places before we reach our cap of 205 members.

(Remember that you can access the fully protected Membership List on the club website.)

December Presentation: "Canada's Conflict of Interest Act"



Mary Dawson was Canada's Conflict of Interest and Ethics Commissioner for more than ten years. Her highly informative and entertaining talk drew on the knowledge she had gained and many of the cases she had reviewed during that time.

The push to establish such an Act became serious in the 1990's as a result of the Sponsorship scandal, the Airbus controversy, the Charbonneau commission and other serious investigations. The Federal Accountability Act, which includes Conflict of Interest, came into force in July 2007 and Mary Dawson was appointed as the first independent Ethics Commissioner.

The Commissioner administers the Act, which covers government appointees and the Code, which covers elected members. The stated objective of both being to "enhance public confidence in Government". As an Officer of Parliament the Commissioner is protected by parliamentary privilege and reports directly to the Speaker.

Newly appointed public office holders and newly-elected members of parliament must declare all financially-related assets and liabilities, business involvements, family information and so on. This information is reviewed annually and changes at any time must be reported within 30 days.

Since 2007 many well-known cases of actual and perceived conflicts of interest have "entertained" us all. In recounting her involvement in several related reviews, Mary reminded us of both the seriousness and the lighter side of these stories.

One heartening take-away was that we learnt that any Canadian citizen can request an investigation.....

Personal profile: Lori Douglas



Lori Louise Douglas was born in Lindsay Ontario and, along with her sister and adopted brother, spent most of her “free range “ youth in Cameron a nearby hamlet where she attended a two room school. With few local friends her own age, Lori gravitated to sewing, embroidery and knitting at an early age.

High school was in Fenelon Falls and this gave her lots of “ teenage “range! After grade 12 Lori enrolled in a nursing program at Durham College and Oshawa General Hospital. One year later she returned to grade 13, understanding that nursing was not where she should be. On to the U of T, enrolled in the Bachelor of Commerce degree program, but after two years she married and moved to northern Ontario ,first Sudbury, then Hornepayne.

Disillusioned with an impetuous marriage, Lori took the advice of a favourite Aunt and attended an extended Transactional Analysis Workshop. So began her single life, pursuing various forms of personal growth, all of which required funding.

A hairdressing career provided the creative outlet which suited her and funded travel, mainly skiing in North America and Europe, and education, several years of studying Astrology. After attending Hairdressing School, Lori worked in a salon in Yorkville for several years and eventually became a style director and manager of a salon at Yonge and St Clair.

Somewhere along this trajectory, a client, an interior designer became aware of Lori’s wallpapering and painting skills and encouraged her to start her own business, so Silly Wall came to life!

Fortunately, with a full time job and a business to run she still found time to ski and, not far away at the North Toronto Ski Club, she met Randy Baker....they were married one year later, just over 29 years ago! Within three years of their marriage, they had a not quite two year old Sarah and a new baby, Stuart.

Bowmanville would become their new family home, Randy would eventually return to work at Ontario Power Generation, his workplace before transferring to Toronto.

As a committed “at home“ Mum, Lori sewed for a children's clothing company, until she later returned to hairdressing and painting.

At about the same time Lori discovered Landmark Education and completed the Curriculum for Living. For the next ten years she regularly assisted at various levels of the organization while studying to become a Holistic Nutritionist, Certified Iridologist and a Certified Professional Co-active Coach.

The growing family was able to travel, mostly to ski! Both children participated in a racing program which led to travel all over Ontario most weekends in the Winter. There was camping in the Summer and a long term commitment for Randy, Sarah and Stuart to gain their black belt in Tae Kwon Do!

With both children in University, Lori became involved in a “start-up“ in Toronto, creating transformational programs using applied neuroscience. She loved the work, including the long commute, and is still a consultant for that company. Lori is also a certified Yoga Teacher and most recently added first level Astrology to her inventory of credentials.

When retirement called, Randy and Lori considered locations from BC to Nova Scotia, but it was Perth, the place in between, which won their hearts! They are happily settled here, enjoying Perth, its people and all it has to offer. Scottish Country Dancing, wood working , Men's Shed and curling for Randy, Thursday afternoon knitting for Lori and, of course Probus!

We are glad Lori brought her enthusiasms and energy to Perth.
Probus welcomes you both!

Written by Liz Leonard

A call for website assistance:

Our long-standing web-master, Colin Stephenson, is looking for any members with website maintenance experience who would like to help out with the club's website.

Initially all that is needed is a back-up, but eventually Colin would like to retire from the role and hand over the responsibility completely.

Please speak to Colin or any member of the management team if you feel that you'd like to help.

Reminders.

Special Event no-shows

Members who find they cannot attend a Special Event to which they have committed, are asked to be sure to advise Mary or Gail.

Also, note that tickets to special events will no longer be provided on a "pay later" basis.

Name badges.

Please remember to bring your name badge to meetings.

A Thought....

Do not worry about avoiding temptation. As you grow older it will avoid you.

Joey Adams

Edited by Rob Leonard

The Perth Probus Club meets at the Royal Canadian Legion Hall, 26 Beckwith Street,
Perth on the first Wednesday of the month, September through June.

President: Liz Leonard (613) 267-9638

Further information on the club and contact details for the other members of the
Management Team can be found at: www.probusperth.ca/board.htm

The Christmas Party: An evening to remember



Photographs by Gord McCallum and Rob Leonard

Look for more photographs of the party at the January 08th meeting.